



PAGPS PHILADELPHIA AREA
GROUP PSYCHOTHERAPY
SOCIETY

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AREA GROUP
PSYCHOTHERAPY
SOCIETY**



**25TH ANNUAL
HOLIDAY
EVENT**

USING THE VOICE FOR EMBODIED HEALING
PRESENTER: JULIE LIPSON, MA, MT-BC

How does the voice function as part of the body? How do clients' literal and metaphorical voices intersect and how can this information be used for healing?

This workshop will combine group experientials, music therapy theory, and case examples to provide participants with an embodied glimpse into their own voice, and creative interventions that can be used in therapeutic settings.

The voice is a vulnerable topic! If upon reading this workshop description, you thought, "but I can't sing!" please be assured that all experientials will be held in a safe and supportive space, with NO emphasis on talent or musical experience.

SUNDAY, DECEMBER 8, 2019, 4:30 - 7:30 PM
834 SURREY LANE - MEDIA, PA 19063

From attendance at this event, participants will be able to:

- a) Describe their own voice as part of their embodied experience.
- b) Describe how the literal and metaphorical voice are related.
- c) Describe vocal experiences as they apply to group work.

1.5 CE credits for Psychologists, Social Workers, Marriage & Family Therapists, & Professional Counselors - \$15 for members/\$25 for non-members, payable by CHECK at event.
This program is FREE to attend if not obtaining CE credits.

Guests are welcome. Reservations are requested because space is limited. Refreshments will be provided! Please send RSVPs to pagpsgroup@gmail.com.

PAGPS offerings are designed for mental health professionals and deal with topics that are usually underrepresented in graduate training programs and/or that provide additional, advanced, and newly emerging perspectives on group therapy theory, research, and practice. This program is intended for mental health professionals at a post-graduate level. This program, when attended in its entirety, is available for 1.5 continuing education credits. The Philadelphia Area Group Psychotherapy Society (PAGPS) is approved by the American Psychological Association to sponsor continuing education for psychologists. PAGPS maintains responsibility for this program and its content. PAGPS is also approved by the PA State Board of Social Workers, Marriage & Family Therapists & Professional Counselors to offer continuing education for social workers, marriage & family therapists, and professional counselors. This program carries 1.5 CE credits.

PRESENTER: JULIE LIPSON, MA, MT-BC

Julie Lipson, MA, MT-BC is a board certified music therapist. They own Inner Rhythms Music and Therapy Center and work with groups and individuals at several Philadelphia locations. Julie provides consultation for individuals and organizations and offers trainings on LGBTQ competency, private practice start up, and using creativity in therapy. Julie received their Master's in Music Therapy from Drexel University. They are also an Assistant Director at Camp Aranu'tiq, summer camp for transgender and gender-variant youth.

Julie is a dynamic speaker, and focuses on a range of topics related to the voice (literal and metaphorical), creativity, and finding the authentic self. They have presented in a variety of settings, including the Philadelphia Trans Wellness Conference, the World Professional Association for Transgender Health, and New York City's School of Visual Arts. Their chapter "Seeking the Uncensored Self: Music Therapy with Transgender Clients" was published in the 2019 book, *Creative Arts Therapies and the LGBTQ Community: Theory and Practice*. Julie has received two Leeway Foundation Grants for Art and Social Change, and in 2018 Julie was selected as one of Drexel's "40 under 40: recognizing outstanding young alumni who are making a mark in their professions and community."