

Philadelphia Area Group Psychotherapy Society
presents

***Group Therapy on the Edge:
Adolescence, Creativity, & the Anti-Group***

Craig Haen, Ph.D.

Friday, May 9, 2014

9:30 a.m.-12:30 p.m.

Registration begins at 9:00 a.m.

Katherine Lower Conference Room (second floor)
Bryn Mawr College Graduate School of Social Work and Social Research
300 Airdale Road, Bryn Mawr, PA 19010-1697

3 CE credits for Psychologists, Social Workers,
Marriage & Family Therapists, & Professional Counselors

THE PROGRAM

Group therapy has long been considered optimal treatment for adolescents. However, therapists in these groups can feel as though they are working “on the edge”—of a coup occurring, of being rendered defenseless and disempowered, or of being tongue-tied. This workshop will examine current advances in adolescent neuroscience and group theory (including the dynamic concept of the anti-group) that help illuminate the challenges of conducting treatment with teenagers. Participants will learn effective approaches to adolescent group therapy in which the experiential activities are utilized as tools for containment, safe interpersonal engagement, and anchoring. Special focus will be given to engaging resistance and avoiding countertransference pitfalls.

THE PRESENTER

Craig Haen, Ph.D., R.D.T., C.G.P., L.C.A.T., F.A.G.P.A., is currently in full-time private practice working with children, adolescents, adults, and families in White Plains, NY. For the last 15 years, he has worked as a clinician and supervisor in mental health agencies and hospitals, most recently serving as Clinical Director of Adolescent Services for Kids in Crisis and Assistant Clinical Director at the Andrus Children’s Center in White Plains.

Craig received his Ph.D. in Expressive Therapies from Leslie University, where he is currently on the adjunct faculty, teaching drama therapy. He is contributing co-editor of *Clinical Applications of Drama Therapy in Child and Adolescent Treatment* and contributing editor of the 2011 book *Engaging Boys in Treatment: Creative Approaches to the Therapy Process*, as well as the author of many other book chapters and articles.

He serves on the Editorial Board for *The Arts in Psychotherapy* and the Editorial Committee for *The International Journal of Group Psychotherapy*. In addition, he is a Fellow of the American Group Psychotherapy Association, co-chair of the Child & Adolescent Special Interest Group, and a member of the Outreach Task Force. Craig also teaches in the graduate Drama Therapy program at NYU.

LEARNING OBJECTIVES

1. Participants will learn three techniques for engaging adolescent group members.
2. Participants will be able to name three consequences of immature frontal lobe development for adolescents.
3. Participants will be able to identify three roles that adolescents frequently take on during the process of a group.

SCHEDULE

9 a.m. - 9:30—Registration and continental breakfast

9:30 a.m. – 12:30 p.m.—Program. Please note that we will begin promptly at 9:30 a.m.

REGISTRATION INFORMATION

\$ 85 for members of PAGPS and Philadelphia Society of Clinical Psychologists

\$ 100 for non-members

\$ 50 for students/interns

Registration deadline: May 4.

Cancellations received at least five working days before the event are refundable, minus a \$10 processing fee.

To register, send a check made out to PAGPS to:

Elsa R. Efran, 310 E. Gowen Ave. Philadelphia, PA 19119-1022

or pay by PayPal by going to [our website](http://www.pagps.org/calendar.htm) (<http://www.pagps.org/calendar.htm>)

CONTINUING EDUCATION

PAGPS offerings are designed for mental health professionals and deal with topics that are usually underrepresented in graduate training programs and/or that provide additional, advanced, and newly emerging perspectives on group therapy theory, research, and practice. This program is intended for mental health professionals at a post-graduate level.

This program, when attended in its entirety, is available for 3 continuing education credits. The Philadelphia Area Group Psychotherapy Society (PAGPS) is approved by the American Psychological Association to sponsor continuing education for psychologists. PAGPS maintains responsibility for this program and its content. PAGPS is also approved by the PA State Board of Social Workers, Marriage & Family Therapists & Professional Counselors to offer continuing education for social workers, marriage & family therapists, and professional counselors. This program carries 3 CE credits.

Attendees can also receive 3 credits towards recertification for the National Registry of Certified Group Psychotherapists (CGP).

PAGPS is committed to accessibility and non-discrimination in its continuing education activities and will conduct its activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns, and any complaints to Elsa Efran, PAGPS Administrator (215-242-4234, pagps@verizon.net)

There is no commercial support for this program nor are there any relationships between the CE sponsor, presenting organizations, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

ABOUT PAGPS

The Philadelphia Area Group Psychotherapy Society provides a forum for the exchange of ideas, theories, studies, research, information, and experience in group psychotherapy. Members come from all over the Philadelphia region, including the city of Philadelphia as well as surrounding areas in Pennsylvania, New Jersey, and Delaware. Members may list their groups on the PAGPS website (<http://www.pagps.org/>).

PAGPS is an Affiliate Society of the American Group Psychotherapy Association (AGPA). PAGPS celebrated its 60th anniversary in May, 2013. For more information about joining PAGPS, e-mail us at pagps@verizon.net or call 215-242-4234.

DIRECTIONS

(visit www.brynmawr.edu for detailed map)

FROM THE PENNSYLVANIA TURNPIKE

Take Exit 20 and follow Route 476 South to Exit 13 (St. David's/Villanova). Take Route 30 Eastbound (Lancaster Ave.) and continue for 1.5 miles. Turn left onto Airdale Rd. at the three-way traffic light immediately before the McDonald's restaurant. Travel on Airdale Rd. under the train bridge and across the intersection for Montgomery Ave. Continue along Airdale Rd. and turn left into the driveway. Follow the driveway to the back of the building for parking.

FROM CENTER CITY PHILADELPHIA

Take Route 76 West to Exit 339 (City Avenue/Route 1 South). Follow City Avenue for 2.5 miles and turn onto Route 30 Westbound (Lancaster Avenue). Travel 5 miles on Lancaster Ave., through the center of the town of Bryn Mawr. Turn right onto Airdale Rd. at the three-way traffic light immediately after the McDonald's restaurant. Travel on Airdale Rd. under the train bridge and cross the intersection for Montgomery Ave. Continue along Airdale Rd. and turn left into the driveway; follow the driveway to the back for the building for parking.

BY TRAIN

From Market East/The Gallery Mall, Penn Center/Suburban Station, or 30th Street Station, board SEPTA's R-5 Paoli Local to the Rosemont Station (20-25 minute ride). **(DO NOT BOARD THE BRYN MAWR LOCAL.)** The Graduate School is a 10-minute walk from the Rosemont Station. Exit to the street and walk north (straight-ahead as you exit the train) on Airdale Rd. Cross the Montgomery Ave. intersection and continue past Ashbridge Park. The driveway entrance is on your left.



REGISTRATION (please print CLEARLY)

Feel free to duplicate this form as needed for additional registrations.

Name _____ Degree _____

Street _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Field: Psychiatry Psychology Social Work Counseling Other _____

PAGPS & PSCP members \$ 85 _____

Non-members \$ 100 _____

Graduate students/interns \$ 50 _____

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