

# Philadelphia Area Group Psychotherapy Society



## An Interpersonal Problem-Solving Model of Group Psychotherapy

Saturday, May 16, 2015

9 a.m.–12:00 noon

Registration begins at 8:30 a.m.

Presented by April E. Fallon, Ph.D.

Temple University Center City

Room 322, 1515 Market St. Philadelphia, PA 19102

(bring photo ID to enter the building)

3 CE credits for Psychologists, Social Workers,  
Marriage & Family Therapists, & Professional Counselors

### WORKSHOP DESCRIPTION

This workshop will introduce participants to the Interpersonal Problem-solving Model of Group Psychotherapy originally developed by George Spivak. Participants will learn about the theoretical background, technical considerations, clinical applications, empirical support, and limitations of the model. They will learn the specific steps of the problem-solving model. Examples will be given about how to implement the model in various settings (inpatient, residential, day treatment, and outpatient). Modifications for use with children, adolescents, and adults will also be presented. The workshop will include a video demonstration of the model and opportunities for discussion.

### OBJECTIVES

At the conclusion of the program, participants will be able to:

1. Know and understand the specific steps for implementing the interpersonal problem-solving model
2. Articulate modifications to the model to fit the developmental capacities of the patient
3. Understand what is required in order to set up a group that maximizes improvement of patients' problem-solving skills

### SCHEDULE

8:30 a.m.–9 a.m.—Registration and continental breakfast

9 a.m.–12 noon—Workshop

### REGISTRATION INFORMATION

\$ 75 for members of PAGPS, Philadelphia Society of Clinical Psychologists (PSCP), and Pennsylvania Society for Clinical Social Work (PSCSW)

\$ 99 for non-members

\$ 50 for students/interns

For planning purposes, we encourage you to register by May 10th.

Cancellations received at least ten working days before the event are refundable, minus a \$10 processing fee.

Register on our website at [PAGPS.org](http://PAGPS.org) or send a check made out to PAGPS to:

Elsa R. Efran, 310 E. Gowen Ave. Philadelphia, PA 19119-1022

## THE PRESENTER

**April E. Fallon**, Ph.D., is a Professor at Fielding Graduate University and a Clinical Professor in Psychiatry at Drexel University College of Medicine. She received her baccalaureate degree from Allegheny College and a Ph.D. in Psychology at the University of Pennsylvania. She has received numerous awards for her teaching of psychiatric medical residents, including the 2012 Psychiatric Educator Award from the Philadelphia Psychiatric Society. She has co-authored five books with Virginia Brabender: *Models of Inpatient Group Psychotherapy*; *Awaiting the Therapist's Baby: A Guide for Expectant Parent-Practitioners*; *Essentials of Group Therapy*; *Group Development in Practice: Guidance for Clinicians and Researchers on Stages and Dynamics of Change*; and *Working with Adoptive Parents: Research, Theory and Therapeutic Interventions*. In addition, she has researched and written on the development of emotion in children and adults, child abuse, attachment, and adoption.



## CONTINUING EDUCATION

PAGPS offerings are designed for mental health professionals and deal with topics that are usually underrepresented in graduate training programs and/or that provide additional, advanced, and newly emerging perspectives on group therapy theory, research, and practice. This program is intended for mental health professionals at a post-graduate level.

This program, when attended in its entirety, is available for 3 continuing education credits. The Philadelphia Area Group Psychotherapy Society (PAGPS) is approved by the American Psychological Association to sponsor continuing education for psychologists. PAGPS maintains responsibility for this program and its content. PAGPS is also approved by the PA State Board of Social Workers, Marriage & Family Therapists & Professional Counselors to offer continuing education for social workers, marriage & family therapists, and professional counselors. This program carries 3 CE credits.

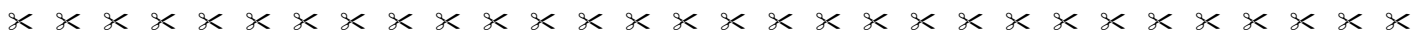
Attendees can also receive 3 credits toward re-certification for the National Registry of Certified Group Psychotherapists (CGP).

PAGPS is committed to accessibility and non-discrimination in its continuing education activities and will conduct its activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. To arrange accommodations for additional special needs, please contact Elsa Efran, PAGPS Administrator. 215-242-4234, [pagps@verizon.net](mailto:pagps@verizon.net)

There is no commercial support for this program nor are there any relationships between the CE sponsor, presenting organizations, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

## ABOUT PAGPS

The Philadelphia Area Group Psychotherapy Society, an affiliate of the American Group Psychotherapy Association, provides a forum for the exchange of ideas, theories, studies, research, information, and experience in group psychotherapy. Members come from all over the Philadelphia region, including the city of Philadelphia as well as surrounding areas in Pennsylvania, New Jersey, and Delaware. Members may list their groups on the [PAGPS website](#). For more information about joining PAGPS or renewing your membership, please visit our website at [PAGPS.org](#), e-mail us at [pagps@verizon.net](mailto:pagps@verizon.net), or call 215-242-4234.



## REGISTRATION (please print CLEARLY)—or register online at [pagps.org/calendar.htm](http://pagps.org/calendar.htm)

Feel free to duplicate this form as needed for additional registrations.

Name \_\_\_\_\_ Degree \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Field:  Psychiatry  Psychology  Social Work  Counseling  Other \_\_\_\_\_

PAGPS, PSCP, & PSCSW members \$ 75 \_\_\_\_\_ (Please circle the group of which you are a member)

Non-members \$ 99 \_\_\_\_\_

Graduate students/interns \$ 50 \_\_\_\_\_

To register, send a check made out to PAGPS to: Elsa R. Efran, 310 E. Gowen Ave., Philadelphia, PA 19119-1022 or pay by PayPal by going to our website ([pagps.org/calendar.htm](http://pagps.org/calendar.htm))